

List For Thursday's Langar

Daal	6 Lbs
Sabji	15 Lbs
Dahi	2 Gal.
Kheer	2.5 Gal.
Rotis	50 Parshadas *
Rice	5 Lbs
Paper Plates	150
Paper Cups	300
Spoons	1 Box
Napkins	300
Large Trash Bags	5 Bags

* Note: 200 additional parshadas are prepared by the Sangat.

For more information, please contact Taranjeet Kaur @ 703-473-9015

Sikh Sangat of Virginia
www.sikhsangatofva.org