

List For Sunday's Langar

Daal	10 Lbs
Sabji	30 Lbs
Dahi	4 Gal.
Kheer	4 Gal.
Rotis	100 Parshadas *
Rice	8 Lbs
Paper Plates	300
Paper Cups	600
Spoons	1 Box
Napkins	600
Large Trash Bags	10 Bags

* Note: 400 additional parshadas are prepared by the Sangat.

For more information, please contact Taranjeet Kaur @ 703-473-9015

Sikh Sangat of Virginia
www.sikhsangatofva.org